2025 Agenda

WOMEN'S CONFERENCE - Fairmont Hot Springs

FRIDAY February 7th All Friday activities Cutthroat Rm (CTR)

2:00PM: Pre-Conference Tour Headframe Spirits, Butte

4:00PM - 5:30PM: Check-in/Registration (Outside CTR)

5:00PM - 6:00PM: Cocktail Hour - Networking at 5:30 p.m. - CASH BAR CTR

6:00PM - 7:00PM: <u>DINNER</u> CTR Keynote Speaker: Kendra Joyce from Cutting Fences

6:15PM: Farmers Union Welcome

7:30PM: Get moving! Line Dance lesson (optional CTR) & ENJOY THE HOT SPRINGS!!! (End of Night)

SATURDAY February 8th

7:30AM - 8:30AM: BREAKFAST - Cutthroat Rm

8:30AM - 9:30AM:

Plenary Session: Discover your leadership personality style with- Allsion Kosto MSU Extension Cutthroat Rm

9:35AM - 10:20AM: BREAKOUTS (choose 1) 1. Food RX - Land to Hand Montana Grizzly Rm

2. Understanding Farm Economics and understanding Market Reports -Nicole Karwowski Meadowlark Rm

10:20AM - 10:35AM: BREAK - Cutthroat Rm

10:35AM - 11:20AM: BREAKOUTS (choose 1)- Grizzly Rm

1. Being an Effective Board Member for your community, school, or co-op

- MSU Leadership Program Tara Mastel

2. Mobile Phone Product Photography for Food Products - Meadowlark Rm (hands on workshop with practice) Carah Ronan - Rodi Farms

11:20AM – 12:05PM: Burnout and Stress Management - Grizzly Rm with Michelle Grocke Dewey- MSU Extension

12:05PM - 1:20PM <u>LUNCH</u> - MFU updates - Cutthroat Rm Group Photo at 1:20 PM

1:20PM - 1:45PM: Spot the Spot: Grizzly Rm Importance of Caring for our skin in agriculture with Shawna McCauley

1:50PM - 2:45PM: Health & Well-being Session: - Grizzly Rm Far Out and Waiting - What to do while waiting for Emergency Services to arrive

2:45PM - 3:15PM: BREAK - Cutthroat Rm

3:15PM - 4:00PM - BREAKOUTS (choose 1) 1. Business planning and Financial Management - Grizzly Rm with Jennifer Erickson Ag West Farm Credit

2. Tractor Maintenance – Meadowlark Rm General Maintenance How Tos – Jodi Koterba



Agenda contínued

4:05PM- 4:50PM: Herb Preservation - Grizzly Rm with Lindy Dewey Spirtworks Herb Farm

5:00PM - 6:00PM: Netowrking & Cocktail Hour - CASH BAR - Cutthroat Rm

6:30PM: <u>DINNER</u> - Cutthroat Rm 7:00PM : Keynote Address - April Martin, Director/Effector of the Wildrose Center

7:30PM: ENJOY THE HOT SPRINGS - End of Night

SUNDAY February 9th

7:30AM - 9:30AM: Grab and go breakfast - Cutthroat Rm Morning Close Out & Evaluation Turn In



As part of MFU's ongoing work to strengthen local and regional food supply chains, attendees will enjoy Montana-sourced food, featuring Eden's Greens, Lewistown, micro greens Kimmel Beef, Turner, ground beef & baron of beef Keyes Ranch Lamb, Livingston, ground lamb Montana Lamb and Beef, Lewistown, ground lamb Foth Farms, Toston, potatoes. We thank them for working with Montana Farmers Union!

Thank You for joining us in Fairmont! Join us Next Year Feb 6-8th 2026

