



3rd Annual Eastern MT Women's Conference Agenda  
Jan 31st - Feb 2nd 2025  
Great Northern Hotel  
2 S 1st St E, Malta, MT 59538

**FRIDAY (Jan 31 2024) Great Northern**

4:00 PM - 5:00 PM: Check-in & Registration

5:00 PM - 6:00 PM: Cocktail Hour / Networking Activities @ 5:30 pm

6:00 PM: Dinner

6:15 PM Welcome by Farmers Union

7:30 PM: Networking & Ag and Cooperative Trivia + Fun Giveaways

**SATURDAY (Feb 1st, 2024) Great Northern Hotel- Malta**

7:30 AM - 8:30 AM: Breakfast

9:00 AM - 9:45 AM: BREAKOUT: Being an Effective Board Member for your community and Montana (MSU Extension Leadership Program )

9:45 AM - 10:45 AM ***Food Rx: Produce Prescription Program (land to hand or FAST Blackfeet)***

10:45 AM - 11:00 AM BREAK

11:00 AM - 12:00 PM Mental Health and Burnout – ***MSU Extension Roubie Younkin***

12:00 PM - 1:00 PM Lunch - Special Guest Speakers

*GROUP PHOTO*

1:10 - 1:45 Movement and Motion // Dance lesson

1:45 PM - 2:30 PM BREAKOUT Far Out and Waiting – Phillips County EMS

2:30 PM - 3:15 PM P: Understanding Farm Economics and Ag Markets (TBD...)

3:15PM – 3:30 PM Break

3:30 PM - 4:15 PM Business Planning + Ag Financial Education **AG West Credit - Whitney Tatafu**

4:15 PM- 5:00 PM Breakout: Christina Murphy MSU Extension: Crop and Feed Testing : understanding soil health, protein, nitrates and more.

5:00 PM - 5:45 Networking Happy Hour

6:00 PM Dinner

6:30-7:30 - Keynote Address: Reframing Rural with Megan Torgerson

7:45- Network with attendees and convention wrap up

**Sunday, (Feb 2, 2024)**

Grab and go breakfast at the hotel - muffins, doughnuts, coffee

9:00 a.m. Depart and Caravan to Sleeping Buffalo Hot Springs

9:30 Wool Dryer Ball Making with Patti Ambrister

10:30 (optional) Wellness session lead by Patti Ambrister

Soak and enjoy the Hot Springs! End of Women's  
Conference\_\_\_\_\_